



Supervised Contact – Summary Document

Definition of Supervised Contact?

Supervised contact refers to arrangements that allow a child/ren to spend time with a parent or family member they do not live with, where safeguarding concerns or complex circumstances require oversight to ensure the child/ren's safety and wellbeing. Contact takes place in the presence of a trained supervisor whose role is to observe, monitor, and support the session in a neutral and structured manner.

Supervised contact is a protective measure and is not intended as a punishment. Its purpose is to promote safe and appropriate contact while ensuring that the child/ren's welfare remains central at all times.

What Supervised Contact Entails?

Supervised contact sessions are carefully planned to reflect the child/ren's age, developmental needs, and individual circumstances. Sessions may take place in a neutral venue or within the community, depending on the agreed arrangements and assessed level of risk.

During supervised contact:

- A trained supervisor remains within sight and hearing of the child/ren throughout the session
- Interactions between the child/ren and the attending adult are observed at all times
- The supervisor ensures that agreed boundaries are maintained
- The child/ren's safety, emotional wellbeing, and comfort are prioritised

Supervised contact may be short-term or form part of longer-term planning, depending on the purpose of the intervention and the needs of the child/ren.

Purpose of Supervised Contact

The purpose of supervised contact is to:

- Safeguard child/ren where concerns have been identified



- Support child/ren to maintain or rebuild relationships in a safe way
- Provide reassurance to all parties involved
- Observe interactions where appropriate
- Support assessment, planning, or decision-making processes

Supervised contact is often used while assessments are ongoing or where a gradual approach to contact is required.

How Bright Family Pathways Ltd Delivers Supervised Contact

Bright Family Pathways Ltd provides supervised contact as part of its independent social work services, delivered in line with statutory guidance and professional standards.

Our approach to supervised contact is:

- Child-focused and proportionate
- Calm, structured, and respectful
- Independent and non-judgemental
- Delivered by appropriately qualified practitioners

We recognise that supervised contact can be emotionally complex for children and adults. For this reason, sessions are delivered with sensitivity, consistency, and clear professional boundaries.

The Role of the Contact Supervisor

The role of the contact supervisor is to:

- Maintain a safe and neutral environment
- Observe interactions without directing or coaching
- Intervene only when necessary to safeguard the child or maintain boundaries
- Remain professional, objective, and child-focused at all times

The supervisor does not take sides and does not provide advocacy or therapeutic intervention during contact sessions.



Recording and Professional Documentation

Accurate and objective records are completed following each supervised contact session. These records focus on factual observation and are written in accordance with professional standards.

Where appropriate, records may be used to inform assessment, planning, or professional decision-making processes.

Boundaries and Expectations

Clear expectations are agreed in advance of supervised contact. This includes:

- Duration and location of sessions
- Behavioural boundaries
- Expectations around communication
- The role of the supervisor

Maintaining clear boundaries supports consistency, transparency, and professionalism, and helps ensure that supervised contact remains focused on the child/ren's welfare.

Child-Focused Practice

All supervised contact delivered by Bright Family Pathways Ltd is grounded in child-focused practice. The child/ren's needs, experiences, and wellbeing remain central throughout the process, while responsibility for decision-making remains with adults and professionals involved.

Further Information

If you require further information about supervised contact or wish to make a referral, please contact Bright Family Pathways Ltd using the details provided on our website.